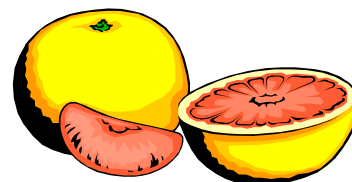


## **Food - Drug Interactions**

**Does the food you eat affect the medicine you are taking?**

### **Grapefruit and Grapefruit Juice Interactions**

If you take any of the following medications you should **not** eat grapefruits or drink grapefruit juice while taking the medication -



#### **Immunosuppressant**

Cyclosporine (Neoral® or Sandimmune®)  
Tacrolimus (Prograf® or Protopic®)

#### **Calcium-Channel Blockers**

Felodipine (Plendil®)  
Nifedipine (Adalat® or Procardia®)  
Verapamil (Isoptin® or Calan®)

#### **Antihistamines**

Terfenadine (Seldane®)  
Astemizole (Hismanal®)

#### **Cholesterol-Lowering Medications**

Lovastatin (Mevacor®)  
Simvastatin (Zocor®)  
Atorvastatin (Lipitor®)

Grapefruit and grapefruit juice can cause you to have higher amounts of these medications in your blood, which can be dangerous.